

In the specification as follows:

This application ~~is a continuation-in-part of~~ claims the benefit of ~~Provisional U.S.~~
Provisional Patent Application No. 60/265,204, filed January 30, 2001; Provisional U.S.
Provisional Patent Application No. 60/265,214, filed January 30, 2001; and Provisional U.S.
Provisional Patent Application No. <"Methods for Physiological Monitoring, Training and
Regulation"> 60/350,211, filed November 2, 2001, each of which are incorporated herein in their
entirety.